



www.u3anelson.org.nz

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Learning for Life

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Our next Members' Meeting will be on Wednesday 28th August from 10 am till 12 noon at Elim Church, 625 Main Road, Stoke, Nelson. The speaker is Nigel Costley.

Nigel is an excellent speaker on many topics. His subject for our meeting is how Truby King's 1904 trip to Japan influenced his ideas, and led to the formation of Plunket in 1907. Nigel is a retired beekeeping teacher and journalist who very briefly worked for Plunket to prepare material for their centenary in 2007. He believes that most Kiwis have but the haziest idea of King's astonishing achievement which led to our country having infant health and mortality statistics that were the envy of the world. His talk will be of interest to us all.

Topics covered in this Newsletter:

- Speaker report from June meeting
- Attending study groups
- President's report
- Study group reports—Classical Music 2; Galleries; TED 2; Singalong; iPad group
- Please re name badges and change of member details
- Quiz group questions and answers

Speaker report from the June meeting:

Biotech advances in Nelson

On the 26th June we had a lecture by Mr Rick Kiessig, co-founder and Chief Scientific Officer of a biotech start-up (Kimer Med) which is head-quartered in Nelson. His company is trying to develop a broad spectrum antiviral medication which could prove effective against various viral diseases. He outlined in his talk the dangers of various viral diseases for which we have no effective treatments, thus making the case for more antiviral molecules which could be used to fight viral infections. They have already identified a molecule which looks promising in vitro and is shortly going to be tested in animals. If results look promising then hopefully it will progress to testing in humans. We look forward to a follow-up talk in due course.

John Baxter

Attending study groups

We often get reports back from Convenors who are finding it frustrating that members of their Study Groups don't let them know if they are an apology, or not, for their group meeting.

Convenors open their homes, prepare tea and coffee, and often food, only to find that group members haven't taken the courtesy to let their Convenor know if they are sick, or won't be attending that meeting. Politeness and courtesy towards your Convenors would be appreciated. If you are unable to attend a Study Group meeting, please do the right thing, and let your Convenor know beforehand, or even on the day if you have woken unwell.

Thank you
Wendy

From the President

Greetings members

Our gardens are all starting to come alive after the cold of winter, and we are enjoying pops of colour in our garden. With the number of daffodils flowering already, we all have fingers crossed that there will still be plenty blooming for Daffodil Day on Friday 30 August!!

120 members celebrated 30 years of U3A Nelson at our June General Meeting, with a cake cutting and our oldest surviving Past President, Jean Morris, in attendance. A chance to celebrate U3A and all that it means in our community, for our Third Age members.

Lifelong learning, socialising and keeping our brains active is so important at our time of life.

Look forward to seeing you at the August General Meeting and welcoming the 13 new members who have joined since June.

Cheers

Wendy

Study Group Reports

Classical Music 2

I have had three meetings so far, with the Classical Music group at my place in Bishopdale. The music I've selected for the group has been from a wide pallet. I started with Barbra Streisand singing old songs with luxurious arrangements, to English motets by Elizabethan composers, to Django Reinhardt with Stefan Grapelli. Things to tease their ears!

We have a break after 30 minutes to chat and relax before moving on. I am enjoying this lovely group of 9 people from U3A.

Next time, they will revise their knowledge about string instruments before watching Ann Sophie Muter playing Mozart Sonatas!

Margaret Buchanan, Convenor

This group has vacancies. If you wish to join, please contact Steven Shaw (study@u3anelson.org.nz)

Galleries

We are a group of 8 who meet once a month to talk about . . . art galleries.

Galleries we have visited in Nelson, NZ, anywhere in the world, or even galleries we would like to visit. We usually take turns to present a gallery to the group, using books, gallery /exhibition catalogues and YouTube documentaries, though we also have themes to which we all contribute, eg very small galleries, favourite artists, unknown artists . . .

We have enjoyed galleries in Holland, Russia, London, New York, Chicago, Pittsburgh, Japan, Poland, Australia . . . and Auckland, Picton, Christchurch, Gore, Wellington and our Nelson galleries, the Suter in particular. We are often taken down a rabbit hole and end up finding more about the paintings or the artists! Always a day to look forward to!

Carol Suddaby, Convenor

This group has vacancies. If you wish to join, please contact Steven Shaw (study@u3anelson.org.nz)



Anyone can tune into a TED talk on YouTube, so why join a group? You might have to watch some that you'd never choose, so why bother? Watching with a group adds a whole new dimension. Following a talk we will discuss, argue, add to, analyse, sometimes almost crucify the speaker. We learn from each others' views, we see our weaknesses and firm our opinions. It is fun and intellectually pleasing.

TED sends out a weekly selection of recommended talks. We choose about 7 to watch during the morning but often the debate following a particular talk may lead us to search the net for a different view on an issue. Or we may find ourselves talking so much about a subject that there is no time to view the entire list.

There are no places left in either of two TED Talks groups so you may consider starting one. I'd be pleased to assist in the organisation if you feel nervous.

Meanwhile there are other similar organisations offering intelligent and fascinating video – here is a wee list:

- PopTech some videos, similar to TED
- IdeaCity very much like TED
- The Veritas Forum –a christian Forum often >1hr.
- PechaKucha 7 minute video talks
- The Gel Conference sharing ideas
- Ignite on youTube: 5 minute speed presentations
- The Moth - Story Telling
- Vimeo - more of a site for sharing videos..
- 99U Adobe similar to TED

Paul Lunberg, Convenor

Singalong

Almost any Friday at Kay's home in The Wood you'll hear the strains of U3Aers singing along to the lyrics and tunes of today and back through the decades.

There's no audition, no sight reading, no performances; just learning new songs, revisiting the favourites of the past, and having fun together through the joy of singing.

The songs are seemingly simple tunes with simple lyrics, but they have a memorable tune and a message to tell and they stick in our brains. From the pop icons of today such as Stan Walker, Taylor Swift, Adele, Ed Sheeran, and Josh Grogan, to the traditional songs of yesteryear. Best of the 60s, 70s, 80s, 90s and 2000s: e.g. Queen, The Commodores, Dire Straits, Sting, Bonnie Tyler, Crosby Stills & Nash, Joni Mitchell, Bob Dylan, Hayley Westenra, Cat Stevens The jazz tones of Diana Krall, Roberta Flack, Nat King Cole. New Zealand favourites, How Bizarre, Poi e, Slice of Heaven, Gumboot Song There's no time to get bored before it's onto the next.

Each week a new song from this decade or so is introduced and the songs of the last few weeks revised. After refreshments, members choose a well-known and loved, but oft-forgotten song from the increasingly long list of choices. All facilitated with lyrics, courtesy of You-Tube. Members contribute to the repertoire so there are no restrictions as to the music, performers or genres added to the list.

Marvel at how many tunes are lodged in your brain, and how they resurface after decades of dormancy. New members are always welcome. Come along and try us out!

Kay Hunter, Convenor

This group has vacancies. If you wish to join, please contact Steven Shaw (study@u3anelson.org.nz)

iPad Group

The iPad Group has been going for many years. It started up in SeniorNet and is now part of U3A. We've also been meeting in the same hall since the group started. But in June, it all changed and we had to find a new home. This wasn't easy. Finally after much searching and checking out facilities we found the perfect place. The Baptist Church in Stoke. It has everything we need.....plenty of parking, good WiFi, roomy hall, excellent kitchen and the price is right.

Our first meeting in the new hall was the July meeting and everyone was happy.

iPad is a group that covers all sorts about what the iPad/iPhone can do....which is almost everything. Our group has music, serious and fun learning, guest and group speakers, videos, group discussions and even tries to answer members questions.

Our Convenor is Stuart Yank, who keeps us on our toes and makes the meetings flow. He is backed up by a hard working planning group.

Helen Gowland



Stuart setting up the music at the start of a meeting.



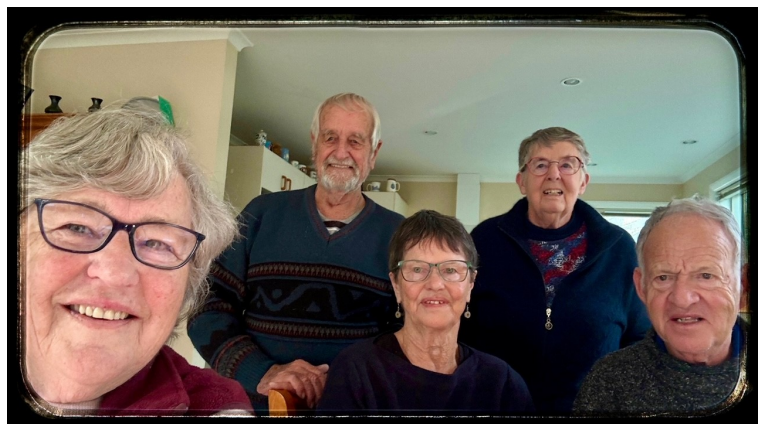
Serious learning!



Mary, our afternoon tea person with a special cake to celebrate our new home.



Cuppa and chat time in the new hall.



Our planning group...Helen, Jim, Hilary, Mary and Stuart.

Two pleas, please, from President Wendy

- **Name Badges** - please remember to wear your name badge at our General Meetings - it helps with socialising and being able to greet people by name and make new members feel welcome.
- **Change of phone number, address or email?** Please ensure changes of details are sent through to Membership Secretary to keep the data base accurate. tonyandwendy@xtra.co.nz.

From the Quiz Group (thanks to Judy Pittman, Convenor)

Questions:

1. Which nut is used to make marzipan?
2. In the late 1960s a Japanese company was employed to add extra lanes to the Auckland Harbour Bridge. What did these become known as?
3. Which female tennis player has won the highest number of Grand Slams?
4. What is the name of the craft beer and music festival held at Founders Park each year?
5. How old is Nelson City Council?
6. Which country has the highest number of castles per square mile?
7. Which French Prime Minister's funeral in 1996 was attended by his wife and his mistress?
8. In which decade was the first Sony Walkman launched?
9. How many volts can an electric eel generate from their shock? Choose from: 400, 500 or 600 volts?
10. Which is older, Pepsi or Coke?

Answers:

1. Almonds
2. The Nippon Clip-ons
3. Margaret Court with 24.
4. Marchfest.
5. This year Nelson City Council celebrates it's 150th anniversary.
6. Wales
7. Francois Mitterand.
8. 1970s.
9. 500 volts
10. Coke, but only by 7 years.

From “The Listener—Funniest Quotes” (two more on page 6):

‘Asked what he thought of Western civilisation, the great Indian nationalist leader Mahatma Gandhi replied that he thought it would be a very good idea.’ *Professor Niall Ferguson in ‘Civilisation: The west and the rest’*

‘Later in the day I heat my pie, before eating it in the microwave’ - *Nelson Mail*

Sport:

‘Long ago when men cursed and beat the ground with sticks, it was called witchcraft. Today it’s called golf.’ *Will Rogers*

‘Soccer is the sport in which you’re only allowed to use your hands if you are the goalie or taking a bribe.’ *US TV host Jimmy Kimmel*

‘It’s been a rough season for the LA Lakers. The coach said that he thinks, given the opportunity, most of his players would shoot him in the back. On the plus side, they would probably miss.’ *US TV host Seth Myers*

‘The one massive difference was that modern players hydrate before the game and we hydrated after.’ *Former All Blacks Captain Sir Brian Lochore at Sir Colin Meads’s funeral*

We will come back to normal trading hours from Sunday 8 April (Easter Weekend). We apologize for any incontinence this might have caused and looking forward to see you then.

DOMINION POST



"Sire, I fear that we shall have to turn back. He has a high-vis vest and a road cone."

And thanks to Garry Thompson, 'Seniors Roundup' for these:

Not Everyone Can Read This:

They reckon only 55 people out of 100 can!

fi yuo cna raed tihs, yuo hvae a sgrane mnid too. I cdnuolt blveiee taht I cluod aulacly uesdnatnrd waht I was rdanieg. The phaonmneal pweor of the hmuan mnid, aoccdnig to a rscheearch at Cmabrigde Uinervtisy, it dseno't mtaetr in waht oerdr the ltteres in a wrod are, the olny iproamtnt tihng is taht the frsit and lsat ltteer be in the rghit pclae. The rset can be a taotl mses and you can sitll raed it whotuit a pboerlm. Tihs is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe. Azanmig huh? Yaeh and I awlyas tghuhot slpeling was ipmoranttl! If you can raed tihs **SHARE IT**

Just Thought You May Like to Know:



On average, a Panda feeds for approximately 12 hours per day. This is the same as an adult at home under quarantine, which is why we call it a "Pandemic"

Parting thought.

Life is like a hot bath. It feels good while you're in it but the longer you stay the wrinklier you get.

From the Editor

Thank you to those who submitted articles. Reports from study groups are always welcome, especially if your group has vacancies, as this is a good way to showcase what you do. Photographs are also great to make the newsletter more interesting and colourful. **Deadline for articles for the October newsletter is Monday 7th October.**

Trevor Lewis