



Learning for Life

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P.O. Box 1690, Nelson, 7040

www.u3anelson.org.nz

Our next Members' Meeting will be on Wednesday 28th February 2018 at 10 am till 12 noon at the Nelson Golf Club in 38 Bolt Road, Nelson. The speaker is yet to be finalised, but we will let you know well before our next meeting.

FROM THE MEETING ON WEDNESDAY 25TH OCTOBER 2017

Dr Paul Taylor talk.

The U3A October meeting had a very full attendance attracted by the excellent speaker Dr Paul Taylor.

Paul a paediatrician, practiced initially with new-born children before people started coming to him with children who had behaviour problems often with aggression. This involved parents, families, pre-school and schools.

In many cases Paul diagnosed Autism Spectrum Disorder from the symptoms of rocking back and forth, and outbursts of aggression. This was initially perceived as serious and bad because of a carry-over from the past. However once Paul explained that people with autism were normal but had a different operating system, eg Apple vs Windows, it was accepted that after making allowances for this, people with autism could be easily accommodated.

- One person in 48 has autism. It is thought that there are 74,000 undiagnosed – 45,000 of these are children.

- A very high percentage of people with autism have a very high IQ.
- Autistic people have difficulty communicating because they don't read expressions or body language – only words.
- Autistic people need to know in advance, like routine and get upset at change
- Autistic people often get marginalised and ostracised which leads to extreme anxiety.

Paul spent a lot of time with schools showing how to manage this problem. From there he wrote a book 'Beginners Guide to Autism' which is easy to read and provides many tips on how to manage autism. Many schools have now become autism friendly.

Paul's presentation to the U3A meeting was considered by many who attended as probably the most enlightening and best we have had. **Bill Brett, Secretary**

FROM THE GROUPS

At our members meeting, we had three convenors speak about their groups.

Firstly, Peta Raggett, whose group studies "Immigrant Ships to NZ in the 19th Century" using historical documents

including passengers diaries. She has had an interest in sailing ships since teenage years. Learning of the trials of shipboard life just getting to NZ, their food and living conditions, sounded fascinating, and the group has vacancies.

We also heard from Roger Pitman, speaking on behalf of Kay Hunter. The group is Musical Renditions, and sounds most interesting and would welcome new members.

Tony Charlton has begun a new Write Your Life Group, taking place in Atawhai at 10 am on Fridays. He explained that they each spend about 10 minutes writing down an event in their own lives then share it with the group. Sounds easy and fun.

HANDS IN THE GARDEN GROUP

I thought you might like to see photos of our U3A Garden Group, Hands in the Garden. We recently visited the beautiful Isel Gardens, before having lunch at Pomeroy's. We sometimes think we should be called the Gourmet Garden Group, because all our monthly meetings not only involve gardens, but food!!!



Wendy Cornish, Member

PROPOSED NEW GROUP

ATTENTION ALL LOVERS
of the English Language

There will be a meeting to discuss the organisation and content of a proposed new study group at 2.30 pm on Wednesday 29 November at 40 Ngawhatu Road, Stoke. If you have an interest in any aspect of the English language come along to this meeting and have your input into the establishment of this group. Contact Liz Chinnery Jack Bowyer fivesmoothstones5@gmail.com

547 8461



A REMINDER

You need to book **now** to attend our Christmas Do. The 6th of December from 1130, with lunch at 1230 at The Suburban Club. \$30 each, partners welcome. See last month's Newsletter for details of payment, or phone 538 0209 or 021 2682741 (Heather) There is still time to get tickets, but you need to be in quickly.

CONVENOR'S MEETING

On 24th of November, the committee held an afternoon tea, to thank the Group Convenors from 2017. It was held in the Summerset Village Social Room where about 20 convenors enjoyed a social time and a spread of Christmas themed food.

Paul, our president, also took the time to explain our new computer data base system. It should make the sharing of information among the committee, groups, convenors and members, simpler. That is, when we all get used to it. It will be incorporated in to the Web Site.

There may be some expressions of puzzlement on the faces of some in the photograph, as Paul runs through the procedures. Like all new technological changes, it may take a little time getting used to, but Paul is assuring us we will.



CONVENOR'S MEETING AT SUMMERSET

SUMMER SCHOOL IN CAMBRIDGE U.K. - FOR SHAKESPEARE LOVERS

I'm delighted to be able to get in touch with you about our 2018 Lifelong Learning Summer School, which this coming summer will take place in the wonderful setting of Girton College, Cambridge. The summer school will also have slightly earlier dates (19 August – 1 September 2018), in part to coincide with the Cambridge Shakespeare Festival.

Going into its sixth year, this summer school enables participants to take academic courses for the love of learning, live and take meals in the College, and have a pretty full and exciting social programme to get the most out of being in Cambridge. In sum it is a fantastic opportunity to spend one or two weeks experiencing the highlights of Cambridge college life in the company of other lifelong learners from around the world!

More information of course is available on our website at: <http://www.girton.cam.ac.uk/lifelonglearning> and I will send you the electronic version of our flyer in a second email shortly; do let me know though if you would prefer to receive printed copies of the flyer. I would be very grateful if you could let your U3A members know about this fine opportunity!

**LETTER RECEIVED FROM TEMPORARY
NELSON U3A MEMBER**

Sadly, this Friday (10/10/17) I leave Nelson ...I have had a wonderful 10weeks here primarily because of the numerous very kind, welcoming and interesting people I've met and because of the diverse cultural and other events in the town that I've participated in...and of course there's your weather and environment!!

Your very generous enabling of me to participate in 3 of your U3A groups was also a highlight ...

Gerald's Philosophy of Justice session inspired such animated discussion both in the session and beyond it (I can absolutely say it is the BEST U3A I have ever participated in, in NZ and Australia) and I shall miss it a lot!!

Then I feel privileged to have been able to tap into the extensive jazz knowledge of Peter & Ron and hear some pretty old recordings of great Jazz artists

and finally Bill Brett has given me a far firmer, science-based foundation on which to begin my garden when I take up residence in my Taieri Mouth property in a years time...thankyou Bill!

I'm sorry I couldn't thank you in person in your next General Meeting ... so if you wish please read this out on my behalf.

I do hope I return again next winter and if anyone is looking for a house/animal sitter (minimum 6 weeks) I am available next year!!

Wishing you all a lovely Christmas and summer and best wishes for your U3A programme in 2018.

Kindest Regards, Meg Evans

LEXOPHILIA

"Lexophile" describes those that have a love for words, such as "you can tune a piano, but you can't tuna fish", or "To write with a broken pencil is pointless." An annual competition is held by the New York Times see who can create the best original lexophile.

No matter how much you push the envelope, it'll still be stationery.

If you don't pay your exorcist you can get repossessed.

I'm reading a book about anti-gravity. I just can't put it down.

I didn't like my beard at first. Then it grew on me.

Did you hear about the crossed-eyed teacher who lost her job because she couldn't control her pupils?

When you get a bladder infection, urine trouble.

When chemists die, they barium.

I stayed up all night to see where the sun went, and then it dawned on me.

I changed my iPod's name to Titanic. It's syncing now.

England has no kidney bank, but it does have a Liverpool.

Haunted French pancakes give me the crepes.

This girl said today she recognised me from the Vegetarians Club, but I'd swear I've never met herbivore.

I know a guy who is addicted to drinking Brake Fluid, but he says he can stop at any time.

A thief who stole a calendar got twelve months.

When the smog lifts in Los Angeles U.C.L.A.

I got some batteries that were given out free of charge.

A dentist and a manicurist married. They fought tooth and nail.

A will is a dead giveaway.

With her marriage, she got a new name and a dress.

Police were summoned to a daycare center where a three-year-old was resisting a rest.

Did you hear about the fellow whose entire left side was cut off? He's all right now.

A bicycle can't stand alone; it's just two tired.

The guy who fell onto an upholstery machine last week is now fully recovered.

He had a photographic memory but it was never fully developed.

When she saw her first strands of gray hair she thought she'd dye.

Acupuncture is a jab well done. That's the point of it.

Those who get too big for their pants will be totally exposed in the end.

Contributed by Paul Lunburg

FINAL WORD

Thanks to all of you who contributed to the Newsletter over the past year. We have had many interesting, varied and humorous items sent in. It makes for an interesting read and also makes my task easier.

The committee wishes all members Seasons Greetings and relaxing holiday break. Fine weather would be nice too, but I have no influence over that! Safe driving, and we look forward to seeing you all again at the Christmas Party and next year at the first meeting on February 28TH 2017

Heather Clendon, Editor

